



# A Welcome Contrast: Our Woodside Model of Care

**T**he Woodside Philosophy of Care supports each individual's right to safely and appropriately age in place and to live in the environment which, for the individual, is the most appealing and appropriate, and to validate the individual's reality.

The Woodside Philosophy provides a flexible and secure living and care environment not dictated by routine or regimentation. The team is trained in this philosophy of care and demonstrates an attitude of compassion and flexibility and the ability to adapt to and respect each individual's lifestyle.

## Individualized Choice

The persons served are treated as individuals. They may decide, to the maximum degree possible, when to rise, dine, bathe and participate in planned programs, and can move about freely in a safe environment. This is achieved and supported by the 24-hour approach to programming.

The individualized care of the Woodside Philosophy places emphasis on meeting the individuals' physical, spiritual, leisure and psycho-social needs. Family and friends of the person served play a key role in the care and are encouraged to participate in spiritual, social and leisure programs.

The Woodside Philosophy maximizes the quality of the moment and emphasizes high touch, which encourages one-on-one contact

with individuals, as well as high tech, which offers specially designed environments.

## Unified Approach

The Woodside Team works together with the families and friends of the person living with dementia to create a unified approach to care and provides physical and emotional support for all involved.

By continually seeking out and trying innovative approaches to care and environmental design, Presbyterian SeniorCare Network has become a leader in the field of caring for persons living with dementia. Presbyterian SeniorCare Network understands the value of research for the treatment and prevention of dementia.

## Areas of Dementia Care

Dementia Care Center of Excellence encompasses three distinct areas of care, support for family caregivers, residential communities, and the expansion of excellent dementia care expertise through a national education and consulting effort.

